

# Tribal Youth Health Advisory Board

## *Frequently Asked Questions*

### ***What is the Tribal Youth Health Advisory Board?***

The Tribal Youth Health Advisory Board (TYHAB) is an advisory board to the National Indian Health Board's Board of Directors and staff that consists of 24 Native youth, 2 from each of 12 different regions across the U.S ([see map](#)). TYHAB members will be ages 18-24 and will have interest or experience in Indian health programs and/or policy.

### ***Who is eligible to participate with the TYHAB?***

Members of federally recognized Indian Tribes, ages 18-24. Also, see criteria page.

### ***How can I participate in the Tribal Youth Health Advisory Board?***

Native youth interested in committing to at least one year of participation in the TYHAB should fill out an [application](#) and obtain an [adult recommendation form](#) by January 24, 2017. Participation throughout the one year commitment will consist of attending the Native Youth Health Summit, participating in quarterly webinars, presenting virtual Indian health and advocacy trainings, and quarterly teleconferences. Because this is the first TYHAB, the inaugural cohort will have the unique opportunity to be involved in developing the TYHAB's agenda, bylaws, and other founding documents. TYHAB participants will also be paired up with Native undergraduate and graduate student mentors throughout their time on the advisory board.

### ***What are the costs associated with being on the TYHAB?***

NIHB will cover the cost of food, lodging, airfare, and travel to and from the airport to the Native Youth Health Summit in Hanover, NH. No mandatory costs are required at this time to participate in the TYHAB.

### ***How much of a time commitment is the TYHAB?***

Participation throughout the one year commitment will consist of attending the Native Youth Health Summit, participating in quarterly webinars, presenting virtual Indian health and advocacy trainings, and quarterly teleconferences. TYHAB members can expect to spend about 5 hours a month on trainings, phone calls or related TYHAB projects.

If you have any further questions, please contact the National Indian Health Board at [firstkids1st@nihb.org](mailto:firstkids1st@nihb.org) or (202) 507-4070.

