

The UNM Department of Psychiatry and Behavioral Sciences, Division of Community Behavioral Health (CBH) in collaboration with the Indian Health Services Telebehavioral Health Center of Excellence and NM Department of Health - Office of School & Adolescent Health (OSAH) is pleased to announce Continuing Education in Behavioral Health

# The Impact of Early Adverse Childhood Events and Trauma on Physical and Mental Health across a Lifespan

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*Presented by Shawn Sidhu, MD, FAPA*

## Date and Time

February 19, 2016, 130 pm Eastern, 1230 pm Central, 1130 am Mountain, 1030 am Pacific, 930 am Alaska

\* Arizona, you will be aligned with Mountain Time due to Daylight Savings Time ending.

## Objectives

At the end of this presentation, participants will be able to:

1. Identify changes in central nervous system (CNS) structure and function in response to early childhood adverse events and trauma.
2. Identify negative health outcomes associated with early childhood adverse events and trauma.
3. Incorporate information about these negative health outcomes into clinical practice.

## Target Audience

Educators, Health & Educational Administrators, Nurses, Nurse Practitioners, Counselors, Pharmacists, Pharmacy Technicians, Psychologists, Dentists, Physicians, Physicians Assistants, Social Workers, Allied Health Professionals, Psychiatrists.

## Registration

This presentation is open to everyone and no registration is required. Simply follow the instructions under "Connection Information" on the day of the presentation to be connected. There is no cost or travel required and 1 AMA PRA Category 1 Credit, 1 APA CE credit, 1 NBCC hour, 1 CPE contact hour per session will be provided for attending this webinar. Details on how to claim the credit will be provided during the presentation.

## About the Presenter(s)



**Shawn Sidhu, MD**, is an Assistant Professor, and is also involved with Attending Child and Adolescent Psychiatrist, and Children's Psychiatric Center. His education includes a fellowship, Child and Adolescent Psychiatry, University of California Los Angeles, Los Angeles, CA, Residency: Northwestern University, Chicago, IL, M.D.: Wright State University School of Medicine, Dayton, OH. His areas of special interest are Training and Education; Systems of Care including Juvenile Justice, School Based Mental Health, Interfacing with Primary Care, Rural Psychiatry, and Access to Care for Underserved Populations; Advocacy and Healthcare Policy; Psychodynamic Psychotherapy.

## Disclosure Statement

Author of CME questions for the American Psychiatric Association and FOCUS.

## Connection Information

1. Go to: <http://ihs.adobeconnect.com/child/>

2. Select the “Enter as a Guest” option
3. Enter your name, first and last, with designation in the box designated Name (ex: Jane Doe, MD).
4. Enter the passcode : **child**
5. Click on the “Enter Room” button

[To view video tutorials on how to connect, audio options, and other Adobe Connect features, click here.](#)

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[http://ihs.adobeconnect.com/common/help/en/support/meeting\\_test.htm](http://ihs.adobeconnect.com/common/help/en/support/meeting_test.htm)

## Technical Assistance

[ALB\\_AO.esupport@ihs.gov](mailto:ALB_AO.esupport@ihs.gov)

## Continuing Education Disclaimers



UNM CBH is approved by the NBCC as an Approved Continuing Education Provider, ACEP No.6740. Programs that do not qualify for NBCC credit are clearly identified. UNM CBH is solely responsible for all aspects of the programs.



**Continuing Pharmacy Education:** The University of New Mexico Continuing Education Program is approved by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmaceutical education. UAN 0039-0000-16-022-L04-P has been assigned to this Application based program for Pharmacists. This program provides a total of 1.0 contact hours (0.1 CEUs) of continuing education credit. Partial credit will not be given. You must attend the entire session in addition to completing an online evaluation with-in 1 month of the event date. Certificates are not provided.

**URL:** <https://unmpharmacyce.org> > Create account if new (NABP ePID# required) > Log-in > click on “Complete Live Activity Evaluations” > locate webinar attended (“Behavioral Health” >> Child and Adolescents: Advanced in Clinical Practice >> Date + Webinar – The Impact of Early Adverse Childhood Events and Trauma on Physical and Mental Health across a Lifespan”) > enter access code > verify attendance > answer evaluation questions > receive CPE credit.

**Access Code:** Provided at the end of Webinar



The University of New Mexico Department of Psychiatry Behavioral Sciences, Division of Community Behavioral Health is approved by the American Psychological Association to sponsor continuing educations for psychologists. The University of New Mexico Department of Psychiatry Behavioral Sciences, Division of Community Behavioral Health maintains responsibility for this program and content.



The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical

education for physicians. The Office of Continuing Medical Education designates this activity for a maximum of one (1) *AMA PRA Category 1 Credit(s)*™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

**NOTE:** Per APA guidelines partial credit will not be given, you must attend the entire one hour in order to receive credits.

Per CME guidelines, if you are requesting partial CME credits an Attestation Form will be emailed to you for completion and submitted to the CME Office along with sign-in sheets.

## **CE Provider**

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For further information please go to our website.

<http://psychiatry.unm.edu/centers/crcbh/telebehavioral/continuingdbh/index.html>

## **Recording**

All sessions are recorded for those unable to join them real-time, however, credit is not available for viewing the recording. You can access previous recordings at:

<https://www.ihs.gov/telebehavioral/index.cfm/seminararchive/>

## **Calendar**

<https://www.ihs.gov/telebehavioral/index.cfm/seminars/>

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