

# MCHC/RISE-UP

## A National Consortium of Universities Committed to Diversifying the Public Health Workforce

RISE-UP provides public health training opportunities for undergraduate students from underrepresented racial and ethnic groups, to encourage and support the pursuit of graduate degrees. A collaboration of Kennedy Krieger Institute and the Maternal and Child Health Bureau, the program is funded by the Centers for Disease Control and Prevention (CDC). Built on a model developed at Kennedy Krieger Institute using a previous CDC RISE grant, the current RISE-UP program brings together universities from across the nation to offer learning opportunities for these students, both at a local and national level. By promoting a more diversified and equal health system, the program strives to introduce highly qualified undergraduate students from underrepresented groups to the field of public health.

### Our Partners

- Centers for Disease Control and Prevention
- National Institutes of Health
- Historically Black Colleges and Universities
  - Coppin State University
  - Howard University
  - Morgan State University
  - Meharry Medical College
  - Meharry School of Graduate Studies and Research
- The Johns Hopkins University
  - Bloomberg School of Public Health
  - School of Medicine
  - School of Nursing
- Hispanic Minority Serving Institution
  - California State University Los Angeles
- University of Southern California UCEDD at Children's Hospital Los Angeles
- University of South Dakota/Sanford School of Medicine Center for Disabilities



### Our Program Activities

Training is provided at one of three sites: Kennedy Krieger Institute/Johns Hopkins University, University of Southern California/California State University Los Angeles, or University of South Dakota/Sanford School of Medicine. Students can select one or more of the three program tracks:

1. **Clinical/Community:** Students rotate through clinical experiences provided by Maternal and Child Health disciplines (pediatrics, psychiatry, neurology, physiatry, physical therapy, occupational therapy, nutrition, social work, psychology, speech/language, special education, and nursing). In addition, students gain experience in providing community-based healthcare and community support systems for underserved groups.
2. **Leadership and Policy:** Students work with professionals in developmental disabilities, public health, and related systems on forming, implementing, and evaluating health care and disability legislation, regulations, and practice guidelines. The critical importance of engaging underrepresented communities is particularly emphasized.

We are all born with great potential.  
Shouldn't we all have the chance to achieve it?



Kennedy Krieger Institute

For more information, visit [www.kennedykrieger.org](http://www.kennedykrieger.org) or call 888-554-2080.

3. **Research:** Students work with research mentors on a wide range of public health, prevention, treatment, and epidemiological studies. Students receive training in community-based participatory research, which engages communities that are currently underserved by mainstream systems.

### Program Benefits

1. The experience allows students to select one or more of the three training tracks that best meet their individual needs.
2. Students meet and work with experts in their respective clinical, policy, and research fields.
3. Students meet other students with similar career interests.
4. Students attend a week-long public health orientation at the Centers for Disease Control and Prevention.
5. A comprehensive orientation held at Kennedy Krieger introduces students to information on health disparities, biostatistics, manuscript and abstract development, and health topics such as HIV/AIDS, obesity, cancer, community violence, infectious diseases, effects of drug abuse, etc.
6. A paid stipend, transportation, and housing are provided.
7. Students receive an American Public Health Association membership.
8. Students present health and research information to colleagues and mentors.
9. Weekly distance learning seminars are offered throughout the summer and every month during the school year.

### RISE Success

- 100 percent of students completed the program.
- 100 percent of the students who applied for graduate, post-baccalaureate, or medical school were accepted.
- 95 percent of RISE students who graduated from college or graduate school are working, seeking employment, or continuing their education in public health.
- 89 percent of abstracts submitted to national meetings were accepted.

### What Do Former RISE Students Say?

*“Every aspect of the program was beneficial. Every day I learned something new. I have lots of information for myself and the community.”*

*“The most beneficial aspects were exposure and opportunity. The RISE program provided countless opportunities to be exposed to, rub elbows with, and collaborate with great minds and researchers in the field of public health and medicine. The confidence and connections this program has afforded me are immeasurable. Undoubtedly, my experience at RISE has broadened my skills and my prospects as a future leader in the field of public health.”*

*“The most beneficial aspect of the RISE program was having one-on-one time with the mentors. I really valued and appreciated the mentors taking their time to sincerely review topics and ideas, and discuss life issues with me.”*

### How to Apply

**Send complete application package to:**

Jenese McFadden, MS, MBA

Program Coordinator

Kennedy Krieger Family Center

2901 E. Biddle St.

Baltimore, Md. 21213

443-923-5879

[www.kennedykrieger.org/riseup](http://www.kennedykrieger.org/riseup)