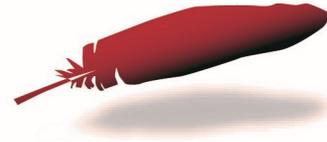
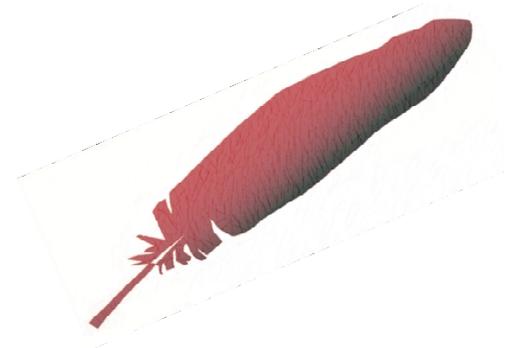


National Indian Health Board



Sustainability & Sustainability Planning

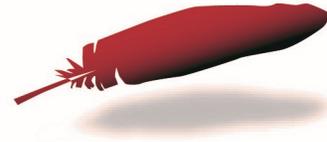
Objectives



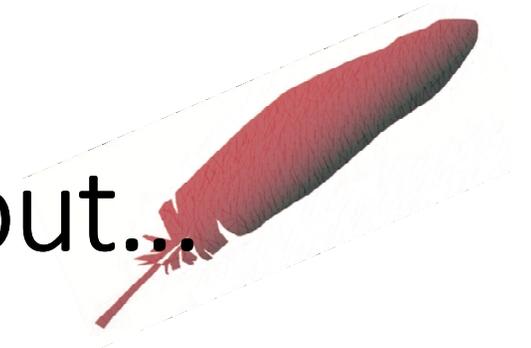
By the end of the workshop, participants will be able to:

- Explain different kinds of sustainability
- Describe approaches to programmatic sustainability planning
- Explain the primary components of a sustainability plan

National Indian Health Board



Sustainability is all about...



Maintenance

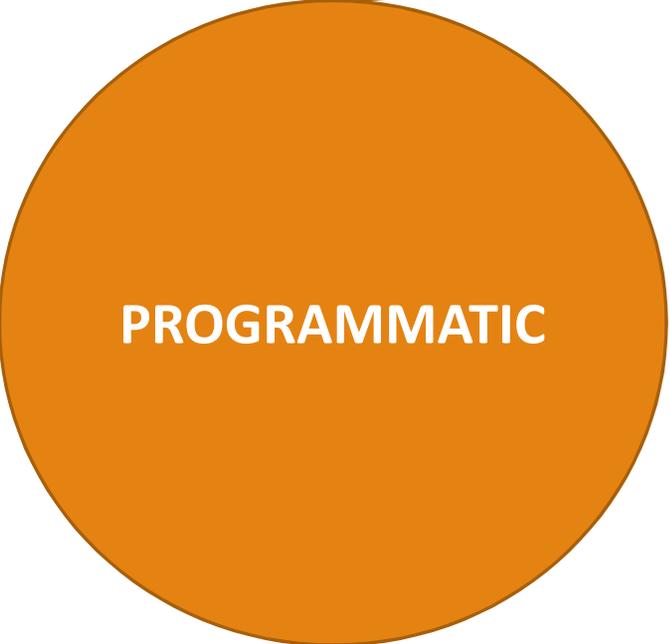
Continuity

Preservation

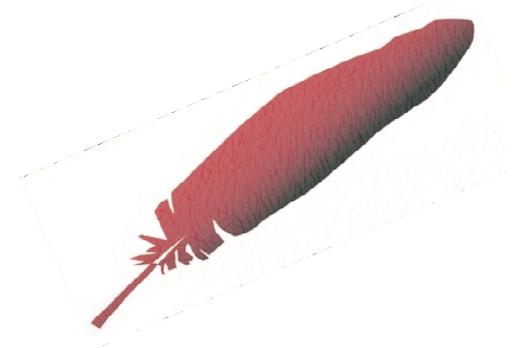
Protection

Expansion

- All of which requires **PLANNING**



Foundations

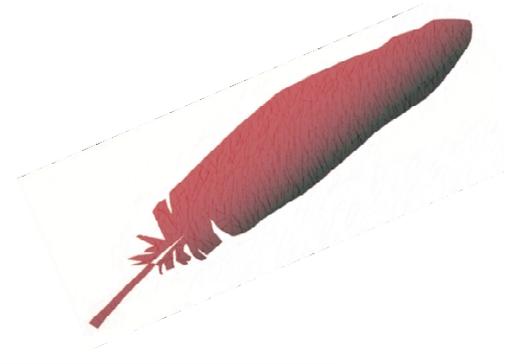


- Programmatic sustainability is based upon the value that the program offers
 - “It would be a huge loss to the community if it were to go away”



- Generally based upon impact or effectiveness of the program

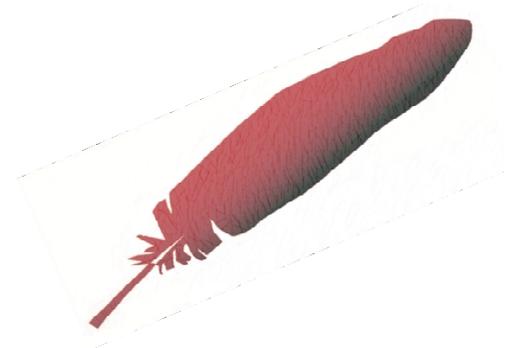
Merging



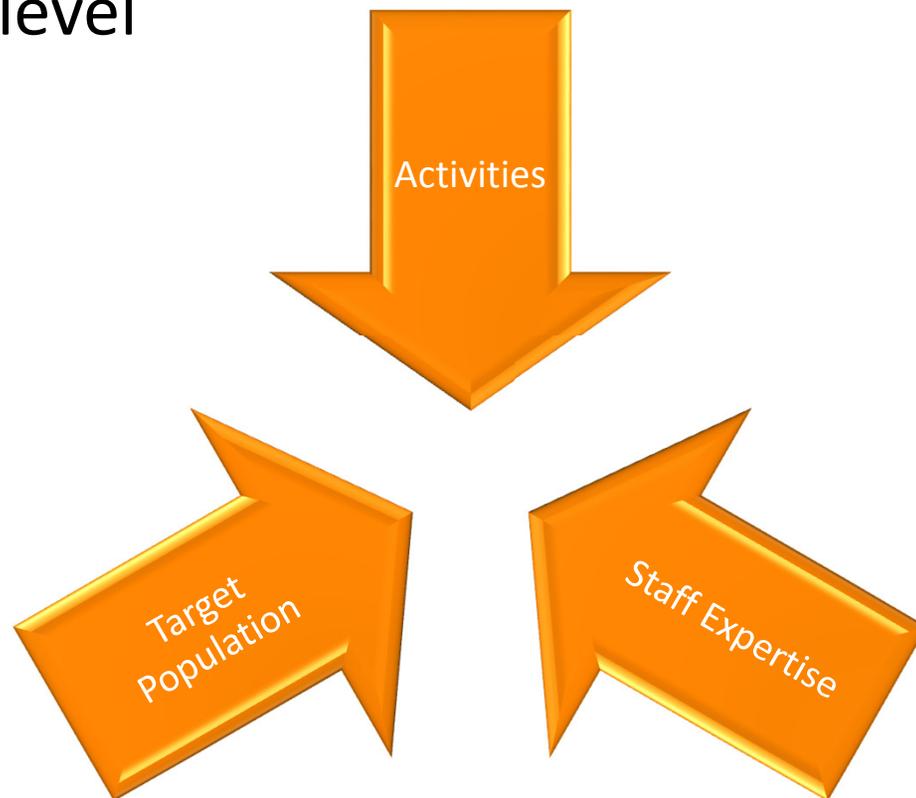
- Merging all or pieces of a program with another compatible program
 - Understand that generally things don't transfer exactly as they are
 - Requires:
 - Humility
 - Time lines
 - Cross-training
 - Making a case



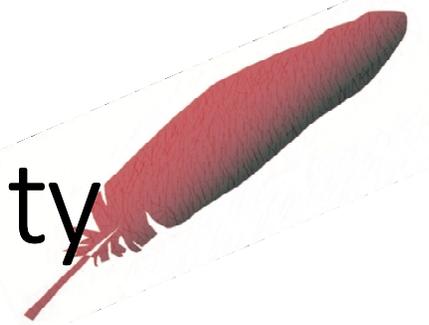
Compatibility



- Must find a program that is compatible with yours on some level



Looking for Compatibility



MSPI Project

Program providing self-esteem and suicide prevention training for peers

Convening groups twice a weekly after school

Serves Reservation-based youth

Uses a staff of trained suicide and prevention specialists



Project X

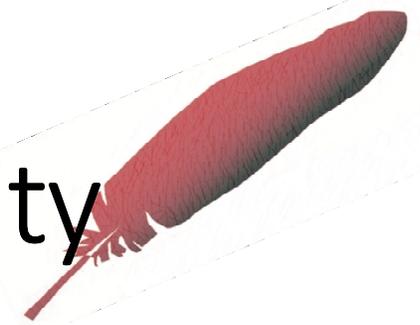
Program providing tutoring and successful studying tips

Runs in the high school library after school

Serves youth attending Reservation-based schools

Uses a staff of trained educational professionals, adult volunteers and peers

Looking for Compatibility



MSPI Project

Program running educational forums for parents on the signs and symptoms of drug use

Running sessions on the average of twice a month

Serves all adults on the Reservation

Uses a combination of behavioral health and CHR staff



Project X

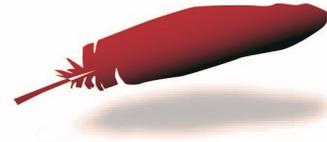
Classes for expecting or new parents on family life skills

Classes run for 8 weeks at time, approx. 3 times a year

Serves all parents or care providers on the Reservation

Uses a staff of trained maternal and child health experts, and traditional advisors

National Indian Health Board



Ask yourself...

WHAT DO YOU WANT TO
SUSTAIN?

National Indian Health Board



Program
Planning

- Create a clear vision, mission and outcomes

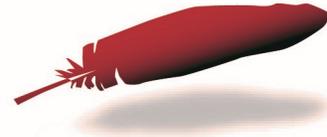
Program
Implementation

- Document and share outcomes
- Involve key collaborators and stakeholders

Sustainability
Implementation

- Determine your specific strategy

National Indian Health Board

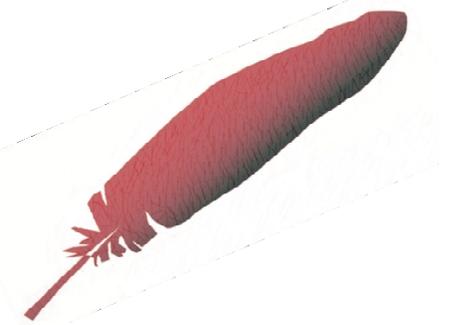


Handout

*(please see Project Management Toolkit
on www.nihb.org)*

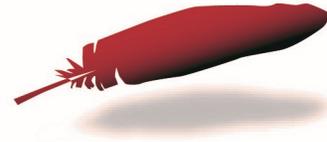
SUSTAINABILITY READINESS CHECKLIST

Technical Assistance



- NIHB can offer assistance and guidance to Tribal MSPI partners in need of technical assistance or guidance in the areas:
 - Reporting
 - Evaluation
 - Program design
 - Referrals
 - Outreach and education
 - Sustainability
- Contact Robert Foley, rfoley@nihb.org

National Indian Health Board



Thank you!

ROBERT FOLEY

RFOLEY@NIHB.ORG