

The IHS TeleBehavioral Health Center of
Excellence Pain and Co-Occurring
Addictions Tele-Clinic presents:

Co-Occurring Chronic Pain,
Depression, and Anxiety

by Joanna Katzman, MD & Snehal Bhatt, MD

Monday, October 15th

Seminar times:
Eastern – 11 & 2
Central – 10 & 1
Mountain – 9 & 12
Pacific – 8 & 11
Alaska – 7 & 10

Consultation times:
Eastern – 12 to 2
Central – 11 to 1
Mountain – 10 to 12
Pacific – 9 to 11
Alaska – 8 to 10

To participate via televideo:

- Inside IHS dial 161.223.160.78##1112 with your televideo unit.
- Outside IHS dial 198.45.0.33##801112

To participate with Adobe Connect:

SITE: <http://ihs.adobeconnect.com/pain-clinic>

- PASSWORD: **pain**
- Audio option:
 - o Have Adobe Connect call you by entering your phone number (example: +13014433593).
 - o Select listen to audio via your computer speakers.

Technical Assistance

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Daniel Cook (505-248-4547; daniel.cook@ihs.gov)

[UPCOMING EDUCATIONAL SESSIONS \(click here\)](#)

Provider-to-Provider Consultation:

Providers can get case-specific consultation from an expert. This can be done via Tele-Video (preferred), Adobe Connect, or phone.

To receive a Consultation:

Prior to the session, email
Chris Fore, PhD
(chris.fore@ihs.gov) or
Daniel Cook, MPHc, MA
(daniel.cook@ihs.gov).

During the Educational Seminar or Consultation time, you can request a consultation via email, televideo, or Adobe Connect.

Consultation FAQ:

Why do I need a consultation?

A quick 20 minute “curb-side” consult with an expert can be an invaluable asset in a busy clinic. For example, a consultation could help prioritize attention on salient symptom reduction, prevention of secondary complications, or the importance of specific diagnostic tests or procedures. It is productive to share the clinical conundrums with colleagues, share the burden of uncertainty, and share the successes of pursuing effective outcomes.

Will the consultant prescribe medications or provide care to the patient?

No. This is clinically similar to having a phone consultation. You will be the clinician of record and are responsible for documenting the consultation in the patient’s record.

Can I consult on more than one patient during my block?

Yes, it is your time. You can spend it all on one patient, especially if it is a complex case, or you can review multiple patients.

Can I more than one provider get a consult or sit in on the consultation?

Yes. The consultation is for your site and as few or as many providers as you like can participate.