

METHAMPHETAMINE AND SUICIDE PREVENTION INITIATIVE (MSPI)

Training and Technical Assistance Program

A service of the
National Indian
Health Board 
Online at: www.nihb.org

December 16, 2015

Methamphetamine and Suicide Prevention Initiative Project Staff:

A warm congratulations to all of the programs that were awarded funds as part of the Indian Health Service's (IHS) Methamphetamine and Suicide Prevention Initiative (MSPI). IHS awarded 118 Tribes, Tribal organizations, Urban Indian organizations, and IHS federal government programs to conduct important work under four different purpose areas:

- Purpose Area 1: Community and Organizational Needs Assessment and Strategic Planning
- Purpose Area 2: Suicide Prevention, Intervention, and Postvention
- Purpose Area 3: Methamphetamine Prevention, Treatment, and Aftercare
- Purpose Area 4: Generation Indigenous Initiative Support

The National Indian Health Board (NIHB) staff is delighted to, once again, be part of MSPI. In years past, NIHB provided training and technical assistance to all MSPI projects and outreach and education to a wider American Indian/Alaska Native (AI/AN) audience. For this funding cycle, NIHB will serve as a training and technical assistance provider to Purpose Area 4 projects only. However, many of our resources included in this packet are still available to all MSPI projects. IHS has funded other technical assistance providers to serve the other purpose areas. These technical assistance providers serve programs based on the IHS service areas. This packet contains a complete listing of all technical assistance providers, by area.

We created this brief orientation packet to ensure everyone is aware of the resources that are available to you through the cooperative agreement that NIHB enjoys with the Indian Health Service. Please take a few moments to read through the following pages. In these materials, we provide you with bio and contact information for NIHB MSPI staff, description of training and technical assistance opportunities, a listing of NIHB MSPI products and resources, and a contact list for all technical assistance providers. We hope that you find this information helpful, and we certainly hope that you will reach out to us so that we can continue to provide useful and meaningful assistance to you as you implement your methamphetamine and suicide prevention and treatment projects.

Wishing you much success,

Robert Foley, M.Ed.
Director of Public Health Programs and Policy

Jackie Engebretson
Public Health Project Coordinator



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NIHB MSPI Staff Biographies

Robert Foley, M.Ed. serves as the Director of Public Health Programs and Policy for the National Indian Health Board (NIHB). Mr. Foley has been with NIHB for two years, and has had the privilege of providing technical assistance to Tribal projects working on methamphetamine, suicide, HIV, public health accreditation, and infrastructure. Previously, Mr. Foley had the honor of serving as the President/CEO for the National Native American AIDS Prevention Center (NNAAPC) where he helped to steer the only national, Native-specific HIV advocacy and technical assistance organization in the country. Mr. Foley has also worked as a training specialist with the National Network of Prevention Training Centers, a part-time clinician in an urban STD clinic, and as a research assistant with the Tri-Ethnic Center for Prevention Research at Colorado State University. Mr. Foley earned both his bachelors degree and masters degrees from Colorado State University.



Jackie Engebretson (Ahtna Athabascan) is a Public Health Project Coordinator for the National Indian Health Board (NIHB). She has worked with NIHB for over three years. Originally from Alaska, Ms. Engebretson graduated from the University of Alaska with a bachelors degree. She moved to DC to participate in American University's Washington Internship for Native Students (WINS). In the nearly four years Ms. Engebretson has been with the National Indian Health Board, she has served in various capacities, including as an Executive Assistant, Office Manager, and the Policy Associate for Medicare, Medicaid, and Health Care Reform. Ms. Engebretson is passionate about drug users and drug policy and hopes to obtain her Master of Social Work (MSW) in the near future. She looks forward to long career in Indian Country.



NIHB Staff Contact Information

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The Red Feather of Hope and Healing



Training and Technical Assistance

NIHB will work with IHS Behavioral Health staff, MSPI Regional Coordinators, and MSPI Project staff to develop training and technical assistance (TTA) events that will be both timely and valuable to MSPI Projects. TTA will focus on raising the knowledge and skill sets of MSPI project staff to manage their projects, implement activities, evaluate activities, and engage the community in more effective manners. Training and technical assistance will include opportunities for individual TTA or participation in larger group TTA events. These can include:

- Webinar presentations
- Presentations during MSPI area phone calls
- MSPI area gathering workshops
- NIHB Tribal Public Health Summit meetings and workshops
- Collaborating with Area-level evaluation consultants
- Other conference workshops

If you have a topic that you would like to see covered by a webinar or group presentation, please notify Jackie (jengebretson@nihb.org).

Individual TTA can be conducted in person or via web-based methods (travel funds are limited, so NIHB, IHS and the Tribe will determine the best option for the delivery of individual TTA). NIHB can provide with many components of your program, including, but not limited to:

- Program evaluation planning
- Community assessment
- Program design
- Community engagement and mobilization
- Integrating prevention and treatment
- Sustainability planning
- Report writing
- Budget construction and management
- Program adaptation
- Risk reduction counseling
- Referral networks
- Social marketing
- Social media
- Media outreach
- Program policies and procedures development
- Youth engagement
- Qualitative data analysis

NIHB is vested in raising the capacity of Tribes to perform at an optimum level of work, and as such will construct TTA plans that focus on ensuring that MSPI Project staff increase their ability to operate the programs at maximum proficiency.

To request individual training or technical assistance, please complete a request form [HERE](#), or contact Jackie (jengebretson@nihb.org) directly.



Resources and Materials

Behavioral Health and Public Health Alerts

The National Indian Health Board provides behavioral health alerts which will be of interest to MSPI Project staff. Alerts include announcements for upcoming training events, new funding opportunities, helpful new tools, pertinent news items, staff development, and more. All of the alerts will be on topics related to behavioral and mental health (including substance use and suicide treatment and prevention).

Click [HERE](#) to view **Behavioral Health Alerts**.

NIHB also posts public health alerts on information concerning broader public health topics and issues (i.e, obesity, oral health, infectious disease). The content of the public health alerts will be similar to that of the behavioral health alerts, but are posted on a separate page.

Click [HERE](#) to view **Public Health Alerts**.

NIHB highly recommends bookmarking both pages and checking them often, as NIHB posts content multiple times weekly.

MSPI Spotlight Stories

In order to raise awareness of the wonderful work and successes being achieved by Tribal MSPI partners, the Indian Health Service will work to develop and disseminate Tribal MSPI “Spotlight” articles. NIHB will support IHS in the development of these stories. Spotlight articles highlight and showcase successful and innovative approaches from each of the projects featured. In order to actively celebrate the diversity amongst MSPI Projects through these featured stories and capture innovative activities, IHS and NIHB will be soliciting projects to work with on the stories. Spotlight stories are shared online Indian Health Service’s MSPI website. IHS Behavioral Health also feature MSPI Projects on their Facebook page.

Past NIHB spotlight articles can be viewed [HERE](#).

The IHS MSPI spotlight page can be viewed [HERE](#).



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MSPI Visions e-Newsletter

NIHB develops and publishes a publication specifically focused on methamphetamine and suicide prevention called *Visions: A Tribal Perspective on Methamphetamine and Suicide Prevention*.

The newsletter contains timely information on prevention and treatment of methamphetamine use and suicide, and highlights the work being done in AI/AN communities to address both issues. The newsletter usually features three articles, and they could be on topics including: evidence-based/best/promising practices, the impact of meth and suicide on special populations, new research findings, tools, upcoming events and training opportunities. Other topics covered include program marketing, implementation, administration, and sustainability. Spotlight stories are included in each *Visions* e-newsletter.

Contact Jackie (jengebretson@nihb.org) to be added to our newsletter distribution list. Please feel free to share the newsletter with contacts who might be interested.

Past editions of *Visions* e-newsletter can be viewed [HERE](#).

MSPI Media Projects Highlights

Over the last few years, many of the MSPI Projects have made raising community awareness of methamphetamine and suicide a top priority. Projects do this through a number of different outreach and education platforms including media campaigns. A number of Tribal MSPI Projects have permitted NIHB to showcase their work online. This work can be seen at the web address below. The page also contains links to resources to help communities who would like to develop media campaigns. If you would like to share your media or social marketing effort with NIHB, please contact Jackie (jengebretson@nihb.org).

Media campaigns can be viewed [HERE](#).



Evidence Based/Practice Based/Best and Promising Practice Guide

NIHB has put together a short guide on evidenced based, practice based, best and promising practices most commonly used by MSPI Projects – including those that are specific to AI/AN populations, and those that are designed for wider audiences. The guide gives a short description of the programming, provides links to find out more information.

The NIHB guide can be viewed [HERE](#).

The IHS guide can be viewed [HERE](#).

Webinars

NIHB delivers webinars throughout the year through IHS' Telebehavioral Health Center of Excellence (TBHCE). These webinars will be announced via our email list and will also be listed on the TBHCE website, which is an excellent resource, with numerous archived webinars. NIHB will work try to offer continuing education credits on webinars when permitted by IHS and approved by the accrediting body.

Click [HERE](#) to view past NIHB MSPI webinars.

Click [HERE](#) to view TBHCE webinars.

Project Management Toolkit

NIHB has developed a webpage that contains resources, links, tools, tip sheets and recorded webinars on a variety of topics that can be helpful to MSPI Project manager and coordinators. Some topics currently in the Toolkit include: recruiting and retaining staff, how to organize a year for project planning, provider self-care, and sustainability. More topics will be added regularly to build up a more comprehensive and useful Toolkit.

The Project Management Toolkit can be viewed [HERE](#).



Re-entry Populations Toolkit

Re-entry population refers collectively to people who are returning to a community after a prolonged absence due to incarceration, probation, exile, relocation, or treatment. These people can be challenging to locate, and present with a unique set of prevention and treatment needs. This toolkit houses articles, links, and resources to help AI/AN communities construct a program to best meet the needs of those re-entering their community.

The Re-entry Populations Toolkit can be viewed [HERE](#).

Live Convenings

NIHB hosts full day in-person trainings throughout the year. These trainings take place yearly at the Tribal Public Health Summit and on occasion, at an Area level. During the trainings, attendees are able to hear from guest speakers, participate in skills building activities, and engage in valuable peer-to-peer learning and networking opportunities. These trainings are a unique opportunity for MSPI Tribal partners, and is designed to meet the programming needs of MSPI projects across the country.

New Materials Coming Soon

NIHB updates the website regularly so check back often to see the latest additions and new information. If there are other materials you would like to see, please contact NIHB staff by phone, email, or online via the technical assistance request form. NIHB will be producing new materials during this grant year that will have a distinct focus on youth to assist Priority Area 4 grantees specifically, but will be of value of all MSPI projects.



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Important Dates

January 8, 2016

- Call for proposals deadline for National Tribal Public Health Summit

January 14-15, 2016

- MSPI & DVPI Grantee National Kick-Off Meeting in Denver, Colorado

April 11-13, 2016

- National Tribal Public Health Summit in Atlanta, Georgia



Technical Assistance (TA) Providers Contact List

Alaska Area

1. Ellen Provost, Director
Address: 4000 Ambassador Drive – DCHS, Anchorage, AK 99508
Phone Number: 907-729-4567
Email Address: emprovost@anthc.org
Fax Number: 907-729-4569
2. Carla Britton, Lead Epidemiologist
Email Address: clbritton@anthc.org

Albuquerque Area

1. Kevin English, Director
Address: 5015 Prospect Avenue NE, Albuquerque, NM 87110
Email Address: kenglish@aaihb.org
Phone Number: 505-962-2602
Fax Number: 505-764-0446

Bemidji Area

1. Kristin Hill, Director
Address: P.O. Box 9 (2932 HWY 47 North – FEDEX), Lac du Flambeau, WI 54538
Email Address: khill@glitc.org
Phone Number: 715-588-3324
Fax Number: 715-588-7900
2. Jacob Melson (MSPI)
Email Address: jmelson@glitc.org
Phone Number: 612-624-1322
3. Meghan Porter (DVPI)
Email Address: mporter@glitc.org
Phone Number: 612-625-7804



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Billings Area

1. Mike Andreini, Director
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California Area

1. Maureen Wimsatt, Director
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Phone Number: 916-929-9761
Fax Number: 916-929-7246
2. Ervin Garcia, Program Evaluator*
Email Address: ervin.garcia@crihb.org
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Great Plains Area

1. PJ Beaudry, Director
Address: 1770 Rand Road, Rapid City, SD 57702
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Fax Number: 605-721-1932



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Nashville Area

1. Kate Grismala, Assistant Director
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2. Christy Duke
Email Address: christy.duke@ihs.gov
3. Cameron Chase
Email Address: cameron.chase@ihs.gov
4. Vicki French
Email Address: vicki.french@ihs.gov

Navajo Area

1. Del Yazzie, Acting Director
Address: P.O. Box 1390, Window Rock, AZ 86515
Email Address: del.yazzie@nndoh.org
Phone Number: 928-871-6254
Fax Number: 928-871-6539

Oklahoma City Area

1. Tom Anderson, Director
Address: P.O. Box 5826, Edmond, OK 73083 (9705 North Broadway Extension, Suite 150, Oklahoma City, OK 73114 – FEDEX)
Email Address: tom.anderson@ocaithb.org
Phone Number: 405-652-9200
Fax Number: 405-840-7052



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Phoenix/Tucson Area

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Fax Number: 602-258-4825
2. Erica Weis
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Portland Area

1. Victoria Warren-Mears, Director
Address: 2121 SW Broadway Suite 300, Portland, OR 97201
Email Address: vwarrenmears@npaihb.org
Phone Number: 503- 228-4185
Fax Number: 503-228-8182

Urban Indian Programs

1. Byron Larson, Director
Address: P.O. Box 3364, Seattle, WA 98114 (611 12th Avenue South, Suite #300, Seattle, WA 98144- FEDEX)
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Purpose Area 4 – IHS and Tribes only

1. Robert Foley, Director of Public Health Programs and Policy, National Indian Health Board (NIHB)
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2. Jackie Engebretson, Public Health Project Coordinator, NIHB
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Purpose Area 4 – Urban Indian programs only

1. Maurice Smith, Executive Director, NCUIH
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2. Kimberly Fowler, Director of Technical Assistance and Research, NCUIH
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3. Whitney Hewlett-Noël, MSPI Coordinator, National Council of Urban Indian Health (NCUIH)
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