

Health Equity Through Partnerships in American Indian Communities

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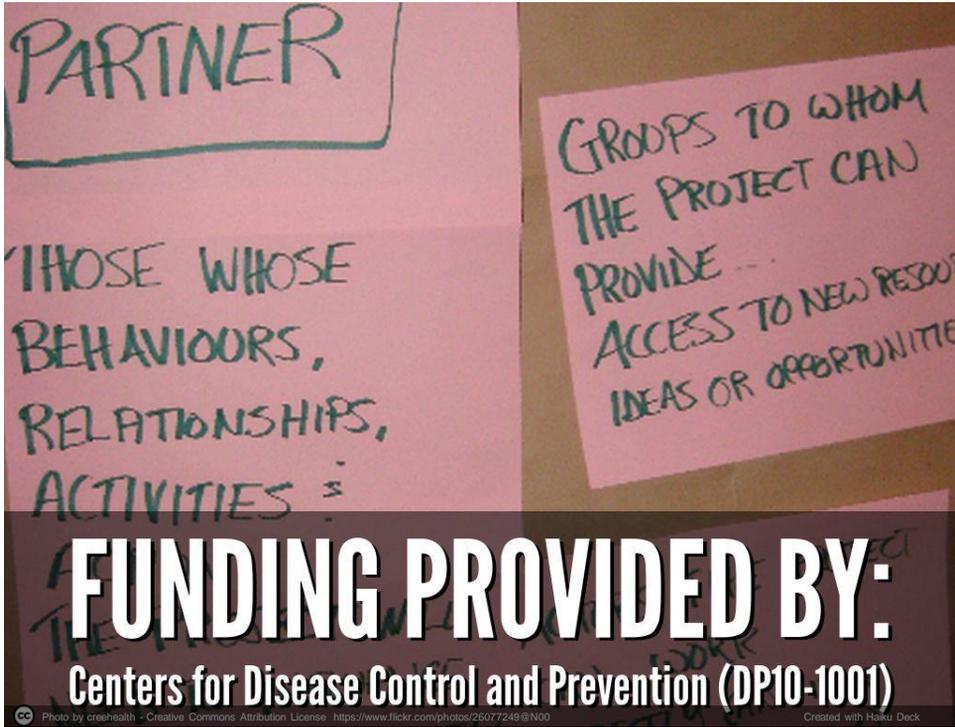
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WORKSHOP OVERVIEW

- **Creating Change through Coalitions and Partnerships**
- **Mobilizing Action Toward Community Health**
- **Building Community Capacity for Action**

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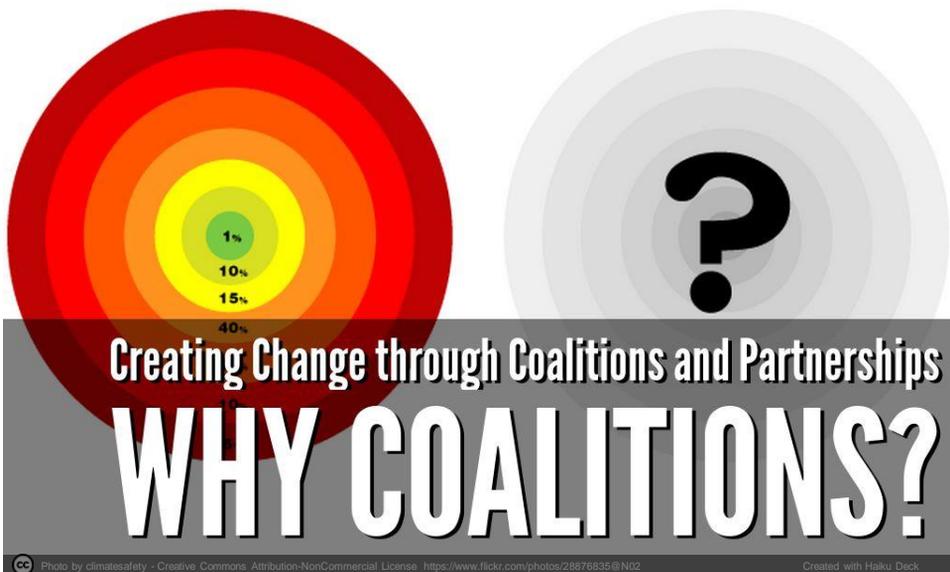






Problem

Solution





Benefits and Challenges of a Coalition Approach

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STAGES OF DEVELOPMENT

1. Formation
2. Maintenance
3. Institutionalization



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5 TIPS TO MAKE COALITION BUILDING EASIER

1. Identify decision making/conflict resolution processes early.
2. Sustain members through commitment letters.
3. Research National Organizations for culturally specific materials and programs.
4. Ground rules define collaborative behaviors of partners.
5. Every voice matters.

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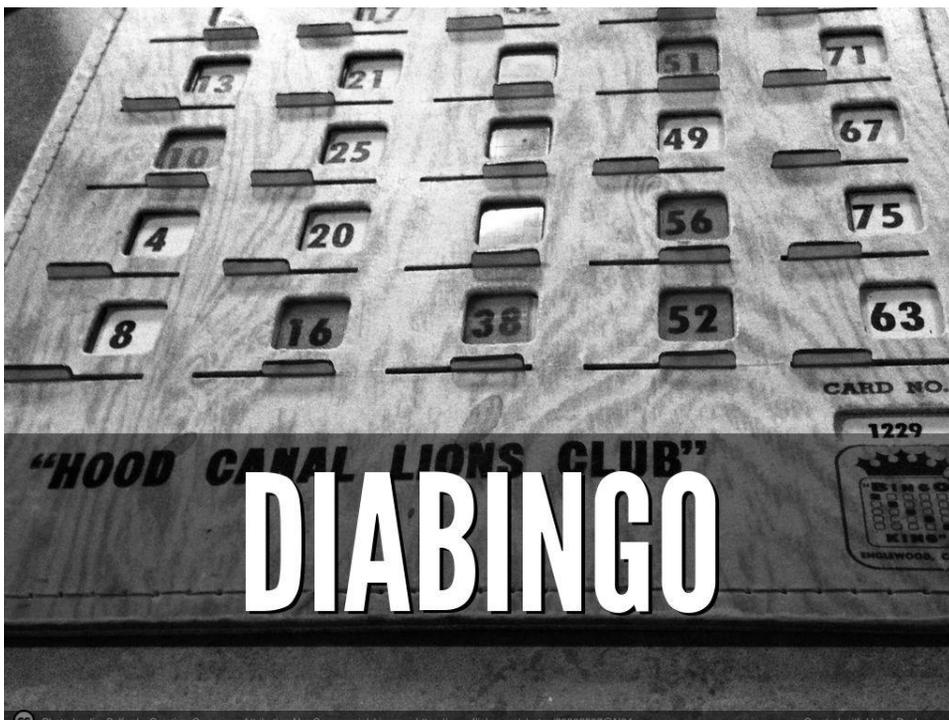


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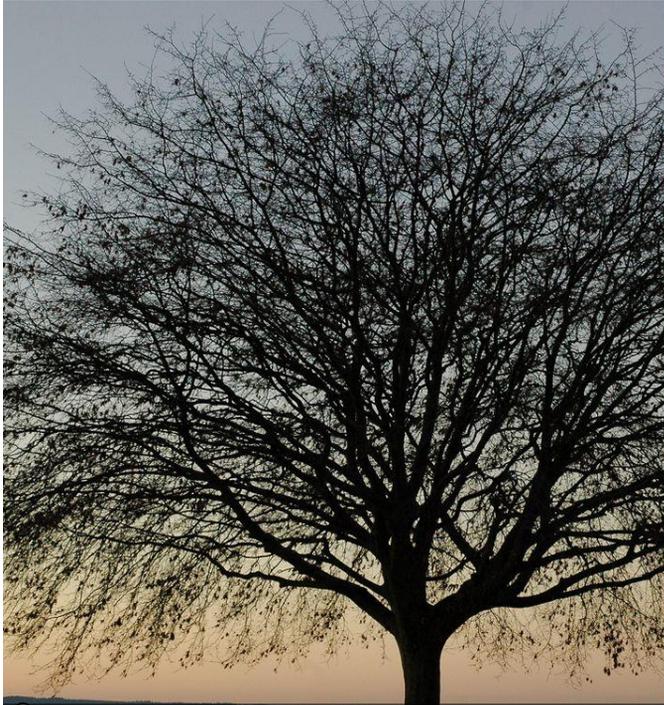
THE DOME PLAN

DATA-DRIVEN PLANNING

- Collecting and analyzing data.
- Reporting findings.
- Developing strategic plan and action plan.
- Assessing evidence based interventions.
- Evaluation of community strategies.

LONG POLE
SHORT POLE
DOOR POLE

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**Common
Community
Priorities:
Exercise
Education
Healthy
Eating**

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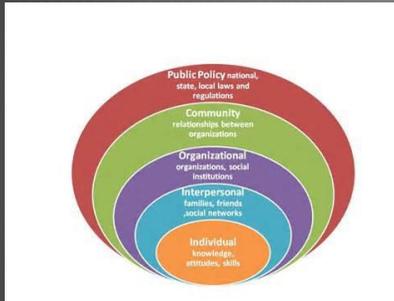
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HEALTHY EATING PARTNERSHIP STRATEGY



Intertribal Solutions: A Recipe for Better Health

GREAT SKILLS FOR MOBILIZING IDEAS INTO ACTION

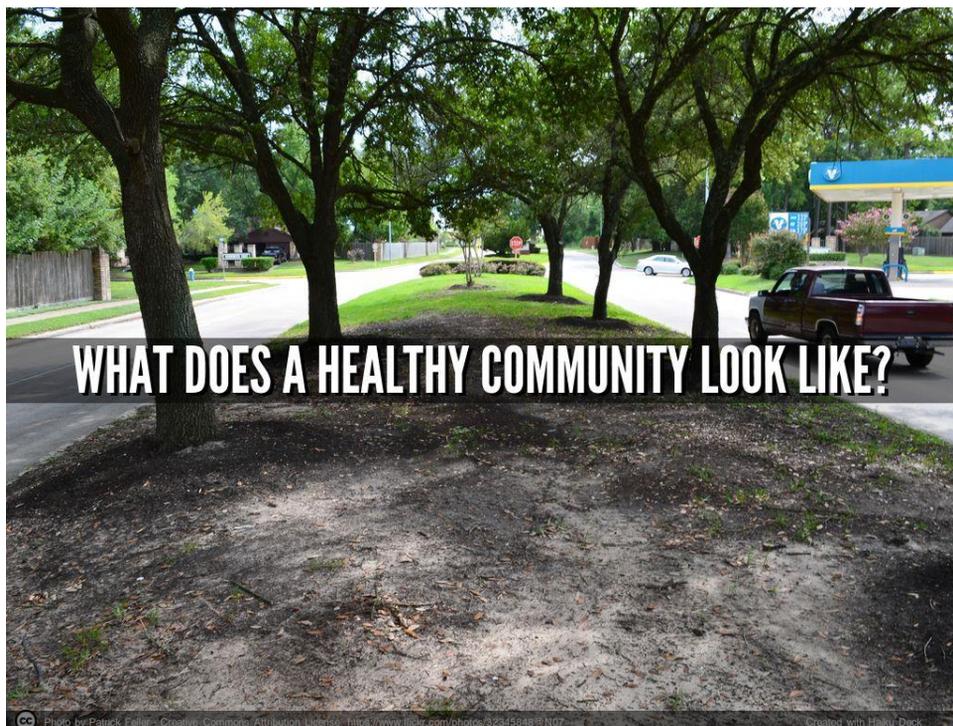
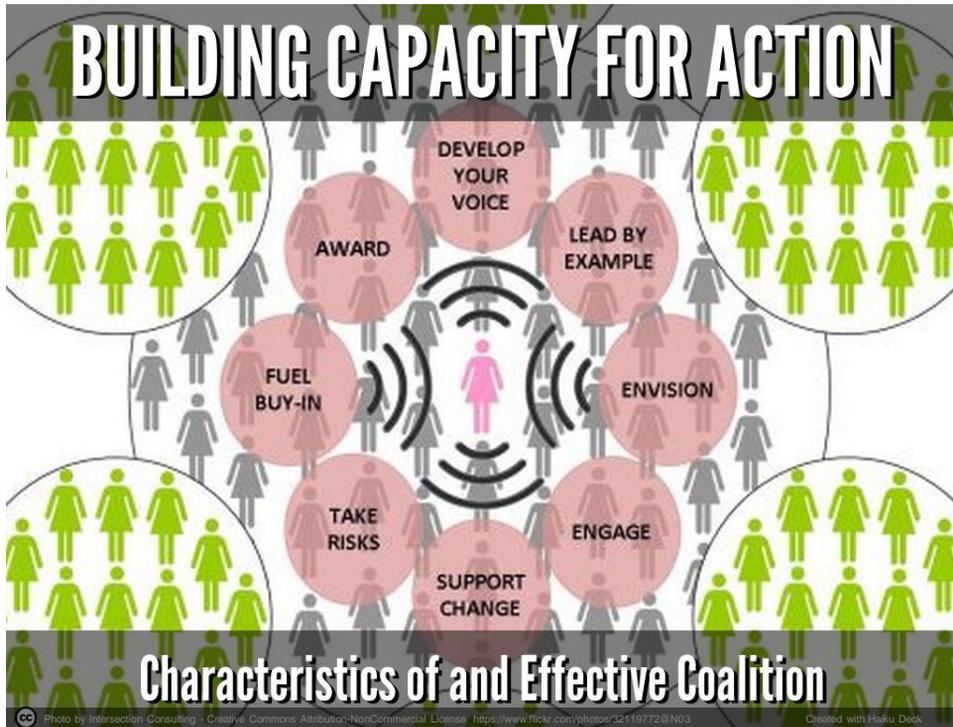


- Identifying the right partners.
- Understanding the Social Ecological Model.
- Policy/Advocacy skills.
- Careful record keeping.

COMMUNITY ACTION



You Should be Moving.



COMMUNITY CAPACITY ATTRIBUTES HEALTHY VS. UNHEALTHY

- Optimism
- Consensus Building
- Broad Public Interest
- Collaboration
- Empowered Citizens
- Cynicism
- Focus on division
- Narrow Interest
- Confrontation
- Apathetic Citizens

3 CHARACTERISTICS OF EFFECTIVE COALITIONS

- Shared leadership.
- Respecting diversity.
- Ownership and support of coalition by members.



4 COMMUNITY CAPACITY BUILDING HACKS

- 1. Evaluation**
- 2. Coalition member recognition.**
- 3. Develop work groups to implement plan strategies.**
- 4. Have a plan for dealing with barriers.**